

INTRODUCTION

Bishop Mark's recent book, *Called into Exile*, can be used as a four-week study course, at Lent or at another time, and might be used as a way to discuss our response to the Living in Love and Faith (LLF) project (in the Church of England).

Each main chapter has questions for reflection (called 'Pausing for Breath') at the end, and therefore the book can be used as it is if you would like to do this. Further resources are provided below, though for those who would like to use it as a Lent (or other group study) Course.

Obtaining the book

The book can be ordered directly from Amazon by following the links below, or if you would like to purchase 10 or more copies these may be obtained from Bishop's House at a discount. Please e-mail Rachel Hsuan on rachel.hsuan@chester.anglican.org if you would like to discuss this option.

For paperback copies: www.little-house-in-joppa.uk/S&F2PB

For Kindle copies: www.little-house-in-joppa.uk/S&F2Kindle



Book – Paperback



Book – Kindle

PREPARATION

- 1) The leader should read the Introduction in the book (the first main section) and listen to the audio material for session 1:
 - a) The opening reflection: little-house-in-joppa.uk/S&FQR221
 - b) The podcast: www.little-house-in-joppa.uk/S&F2Course1
- 2) If members would like to do so they can do the same
- 3) If the group would like to engage in the written material they are invited to read Chapter 2, otherwise the leader does so and is prepared to summarise.

Digital Links

There is quite a lot of audio material available to support this course. There are links in the text, and also in a list on the back page

All links in this document can be followed in one of three ways:

- 1) You can type the text into a browser (using the same pattern of capital letters)
- 2) You can click on the text itself
- 3) You can scan the QR code from the bottom of the page using the camera on a smart phone



Opening Reflection



Course Podcast – Session 1

SESSION ONE

- 1) When the group meets they listen to the opening reflection from the Prologue, which can be downloaded from little-house-in-joppa.uk/S&FQR221
- 2) Someone prays
- 3) The group is invited to discuss their reactions if they wish to.
- 4) The group then discusses Chapter 2 (or the leader summarises it for the group and they discuss)
- 5) The group can listen to Bishops Mark, Sam, and Julie discussing Chapter 2 (this can be accessed via little-house-in-joppa.uk/S&F2Course1)
- 6) Either the group discusses the questions in Chapter 2a
- 7) Or they work with the Bishops' questions:
 - a) What does it mean to live as a citizen of the kingdom of God, as a follower of Christ in the specific embodied context you're in? (Bishop Julie's question)
 - b) How do you bless and support those around you even when they are very different to you? (Bishop Sam's question)
 - c) How do you balance faith and uncertainty as you seek to follow Christ in the complicated stuff? (Bishop Mark's question)
- 8) The group closes in prayer
- 9) Preparing for next week, if the group would like to engage in the written material they are invited to read Chapter 3, otherwise one member of the group does so and is prepared to summarise.



Opening Reflection



Course Podcast – Session 1

SESSION TWO

- 1) When the group meets they listen to the first reflection, which can be downloaded from little-house-in-joppa.uk/S&FQR222
- 2) Someone prays
- 3) The group is invited to discuss their reactions if they wish to.
- 4) The group then discusses Chapter 3 (or the leader summarises it for the group and they discuss)
- 5) The group can listen to Bishops Mark, Sam, and Julie discussing Chapter 3 (this can be accessed via little-house-in-joppa.uk/S&F2Course2)
- 6) Either the group discusses the questions in Chapter 3a
- 7) Or they work with the Bishops' questions:
 - a) How does uncertainty affect you in your faith and how can we support each other better? (Bishop Julie's question)
 - b) How do you push on and grow in faith every single day of your life? (Bishop Mark's question)
 - c) How do you engage with the four understandings of exile on page 52; which is most helpful to you? (Bishop Sam's question)
- 8) The group closes in prayer
- 9) Preparing for next week, if the group would like to engage in the written material they are invited to read Chapter 4, otherwise one member of the group does so and is prepared to summarise.



Core Reflection



Course Podcast – Session 2

SESSION THREE

- 1) There is no specific reflection for this week, but the group may wish to relisten to the opening reflection from the Prologue, which can be downloaded from little-house-in-joppa.uk/S&FQR221
- 2) Someone prays
- 3) The group is invited to discuss their reactions if they wish to.
- 4) The group then discusses Chapter 4 (or the leader summarises it for the group and they discuss)
- 5) The group can listen to Bishops Mark, Sam, and Julie discussing Chapter 4 (this can be accessed via little-house-in-joppa.uk/S&F2Course3)
- 6) Either the group discusses the questions in Chapter 4a
- 7) Or they work with the Bishops' questions:
 - a) How do we learn and practice humility, when we find ourselves both in positions of power and of weakness? (Bishop Mark's question)
 - b) How has this, how does this, how might this cast out your fear? (Bishop Sam's question)
 - c) How has this material helped you explore a new place or way that you might encounter God? (Bishop Julie's question)
- 8) The group closes in prayer
- 9) Preparing for next week, if the group would like to engage in the written material they are invited to read Chapter 5, otherwise one member of the group does so and is prepared to summarise.



Opening Reflection



Course Podcast – Session 3

SESSION FOUR

- 1) When the group meets they listen to the closing reflection from the Epilogue, which can be downloaded from little-house-in-joppa.uk/S&FQR223
- 2) Someone prays
- 3) The group is invited to discuss their reactions if they wish to.
- 4) The group then discusses Chapter 5 (or the leader summarises it for the group and they discuss)
- 5) The group can listen to Bishops Mark, Sam, and Julie discussing Chapter 5 (this can be accessed via little-house-in-joppa.uk/S&F2Course4)
- 6) Either the group discusses the questions in Chapter 5a
- 7) Or they work with the Bishops' questions:
 - a) Where next? Having explored all of these themes, what does it leave you wanting to explore more, to do, to be and to become? (Bishop Sam's question)
 - b) How can lament be more part of your life and worship in a meaningful way? (Bishop Julie's question)
 - c) How will you enable yourself to live in a way that is Christ-conscious? How will you allow him to shape and orient your life so that you reflect his image and glory in the world? (Bishop Mark's questions)
- 8) The group closes in prayer



Closing Reflection



Course Podcast – Session 4

LINKS AND RESOURCES

1) Book Links

- a) little-house-in-joppa.uk/S&F2PB
- b) little-house-in-joppa.uk/S&F2Kindle

2) Reflection Links

- a) little-house-in-joppa.uk/S&FQR221
- b) little-house-in-joppa.uk/S&FQR222
- c) little-house-in-joppa.uk/S&FQR221

3) Course Podcast Links

- a) little-house-in-joppa.uk/S&F2Course1
- b) little-house-in-joppa.uk/S&F2Course2
- c) little-house-in-joppa.uk/S&F2Course3
- d) little-house-in-joppa.uk/S&F2Course4

- 4) To join the mailing list (and receive details on other books and courses) please e-mail: MailingList@little-house-in-joppa.uk

