



## 22 March Revd Mark Green

# Lent2021

A friend who hadn't been to church since March spoke to me recently: "I keep asking myself 'Why did God let this happen?'"

For many of us the last year has been a real struggle. As I write this, tomorrow marks one year since we went into lockdown. Just before that happened, I put up a poster at church that said, "It's okay not to be okay - God meets you where you are."

I have kept it there as a reminder, not least to myself, that this past year has been hard and it's not just the lockdown, there are many things that cause us anxiety, affect our mental health.

I try to leave the house every day for a walk, and even if the route is the same it's always different. It's on that walk that I feel my spirits lifted as I encounter the fullness of God's work. It's the beauty and the astonishing variety in nature, and of course, it's the people, our communities, our friends and neighbours who have shown love and support for one another.

Each walk has been a reminder to me of his love, God meeting me where I am.

**Revd Mark Green, St Stephen's Moulton**

"Let them thank the  
Lord for his steadfast  
love, for his wondrous  
works to humankind!"

*Psalm 107:31*

### Information Point

Churches Together in Britain and Ireland have some resources that might inspire you.

[ctbi.org.uk](http://ctbi.org.uk)

### A prayer

Dear Lord,

We thank you that we experience your ever-present love  
for us through our encounters with your world. Wherever  
we are come and meet us.

Amen