**YOU ARE... series**

Assembly One

**You are important.**

Intro

Ask if any children have had anything really exciting happen to them. Just as you choose someone, interrupt them and tell a story about you. Explain that today we are thinking how important we are and I guess that just then I made them feel pretty unimportant.

Activity

Get a male volunteer out to the front and say that today we are going to make them feel really important. You will need to provide the following things to help “dress up” our volunteer – suit and tie, newspaper, wallet full of money, lots of friends, posh car (maybe a toy car), posh accent (teach them some posh words.

Ask them at the end how they felt? Did they feel more important?

Talk

Say that it might seem a bit daft but actually in the world all these things make us more important. If we see someone in a suit, or driving a good car, or with a wallet of money then we think that they must be important. But maybe that isn’t so true...

Bible

Matthew 10:29-31

Talk

You might feel pretty unimportant at times. Maybe people forget your name or don’t listen to you. Maybe your friends can sometimes leave you out. Maybe you have to pretend to be someone you’re not to feel more important, or maybe you have to act a certain way or not behave well because it makes you feel more important. Actually the truth is very different. You are important to God. And it doesn’t matter how old you are, what you wear, nothing matters. You are important because God made you and he knows your name.

Challenge

If you are important, then surely you should be making other people feel important. How can you do that?

Assembly Two

**You are unique.**

Intro

Explain that last week we learnt that you are all important and this week we have another thing that you are.

Game

Get out 2 teams of 2. The teams need to be close friends. Play Mate and Mate\*. Ask them questions and have them hold cards that say a, b or c. They can’t see the other team’s cards but they have to see how many answers match.

Talk

I guess we all have people that we are really close to. We are usually very similar to them. It might be that you have found that you and your best mate think the same things at the same time, or can finish each other’s sentences. But in our game today, we saw that however close we are, however similar we are, we are all different.

Bible bit

Psalm 139

Talk

You are different to anyone else in the world wide world ever! That’s an amazing thought. And it should make us feel really special. There is nobody like you – nobody with your mixture of talents, nobody with the same personality as you. That’s how much God loves you –that he made you especially.

Challenge

We have told you that you are unique and we have heard how that’s a good thing. Have you ever laughed at, or teased someone because they are different? Maybe you need to say sorry and change how you look at some people?

Prayer

\*Mate and Mate game questions

1. If you were in McDonalds, what would you eat?

A – Big Mac, B – Happy meal, C – Chicken nuggets

1. Would you rather...

A – go swimming, B – go bowling, C – go to the pictures

1. You can only watch one TV programme, would it be...

A – Britain’s got Talent, B – Push the Button, C – Total Wipeout

1. Who is your favourite?

A – Lady Gaga, B – Take That, C – Eminem

Assembly Three

**You are valued**

Intro

Recap the last 2 weeks assemblies. Hold up something that is really valuable to you and talk about it for a minute.

Game

Play higher or lower but have a table with a line of different objects on it. Choose a volunteer and see if they can get all the way along the line by saying if the object is higher or lower in price than the previous item. If they fail at any point, sit them down and choose someone else to play. Whoever gets the last one right wins the game.

Talk

In our game, the different objects were worth lots of different amounts. Some were quite valuable and others weren’t. Sometimes that is how people are judged. Some are valuable and others aren’t.

Bible Bit

James 2:1-4 (CEV version best) Explain what it says.

Talk

We are all of equal value. Just because someone is better than you at football, doesn’t make them more valuable. You are worth so much. I have shown you this illustration before but I am going to do it again because I think it is worth remembering.

J John’s £10 illustration – no matter how crumpled, stamped on or shouted at the £10, it’s still worth £10. That’s the same with us – no matter how bad we are or how sad we feel, we are still worth the world to God.

Challenge

We have told you that you are very valuable. So the challenge for you today is this: How can you make other people feel that they are valuable too? Can you do something that will make them feel special? Have a think.

Pray

Assembly Four

**You are accepted**

Recap

Go over the 3 other words – important, unique and valued.

Game

Get out 2 volunteers – one boy and one girl – and tell them that they have to do some celebrity impressions. The girl will do them for the girls and the boy for the boys. Whoever gets the most points will win.

Talk

Our two volunteers had to pretend to be someone that they weren’t. It seemed a bit daft but actually that can happen in life. We can get jealous about what other people have and we can often want to be like them.

Talk

You are special just as you are. You don’t need to wish you were someone else. It’s really important that we learn to accept ourselves and make sure that we aren’t jealous of others but happy with how we look and who we are. But it’s also really important that we accept other people too.

Jesus had a bunch of friends who were all completely different. And yet they were all accepted by each other.

Challenge

There are people who maybe you have laughed at, teased or ignored because they are different. Maybe we need to say sorry. But maybe the biggest challenge is to get to know people for who they are and accept them.

Assembly Five

**You are influenced. Who do you influence?**

Recap

Important, unique, valued, accepted.

Game

Play the game of “Guess the Baby” (have pictures of famous people as babies) with all year groups. See which year gets the most points.

Talk

Explain that a lot of people look up to the people in our game. They influence other people. Give an example of fashion and Victoria Beckham. I wonder if they thought they would influence anybody when they were young.

Bible passage

Jesus welcoming little children. Luke 18

Talk

Did you notice that the disciples and Jesus had a totally different view of children. The disciples seemed to think that they weren’t very important and shouldn’t bother Jesus but actually Jesus thought differently. In fact, somewhere else in the Bible it says that adults can learn from children and children can set an example to adults. You don’t need to be famous to influence people. You don’t need to be rich to influence people. You don’t need to be an adult to influence people. You are an influence right now. There are people that look up to you.

Challenge

There are people that look up to you. You can influence them. Some of our celebrities at the start aren’t actually a very good influence. The challenge this week is: how can you be a good influence on the people that look up to you?